



How to Stay Up in a Down Economy

Matthew 6:25-34

²⁵ “This is why I tell you: **Don’t worry** about your life, what you will eat or what you will drink; or about your body, what you will wear. Isn’t life more than food and the body more than clothing? ²⁶ **Look at the birds of the sky: they don’t sow or reap or gather into barns, yet your heavenly Father feeds them. Aren’t you worth more than they?** ²⁷ Can any of you add a single cubit to his height by worrying? ²⁸ And why do you worry about clothes? Learn how the wildflowers of the **field grow: they don’t labor or spin thread.** ²⁹ Yet I tell you that not even Solomon in all his splendor was adorned like one of these! ³⁰ **If that’s how God clothes the grass of the field, which is here today and thrown into the furnace tomorrow, won’t He do much more for you—you of little faith?** ³¹ So **don’t worry**, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ ³² For the idolaters eagerly seek all these things, and your heavenly Father knows that you need them. ³³ But seek first the kingdom of God and His righteousness, and all these things will be provided for you. ³⁴ Therefore **don’t worry** about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own.

I. We should never worry about _____ 6:25-32

A. The Command: Worry is _____ 6:25

B. The Reason: Worry is _____ 6:25-32

1. Worry is _____ 6:25b

2. Worry is _____ 6:26, 28-29

3. Worry is _____ 6:27

4. Worry is _____ 6:30-32

II. We should concern ourselves with _____ 6:33-34

A. Put God _____ in our lives. 6:33

1. Focus on God’s _____.

2. Focus on God’s _____.

B. Live _____ 6:34

III. Now What?

A. Pray—Tell God about our _____.

B. Remember—Write a book of _____ in the past.

C. Meditate—Memorize Scripture and _____ it in our minds.
Phil 4:6-9

D. Commit—Put _____ everyday.